

February 2023 - Lunch Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|---|--|
| | | 1 BBQ Pork on a Bun Or Turkey Sandwich Homemade Mac Salad Baked Beans | 2 Cheeseburger Sub Or Ham Sandwich Alfredo Noodles Sautéed Green Beans | 3 NEW Parmesan Crusted Chicken Or Bologna Sandwich Stuffing Candied Carrots |
| 6 Turkey, Bacon, & Cheese on Pretzel Bun Or Ham Sandwich Seasoned Rice Steamed Mixed Veggies | 7 Goulash w/ Meat Sauce Or Egg Salad Sandwich Baked Garlic Bread Stick Steamed Green Beans | 8 Sloppy Joe on Bun Or Turkey Sandwich Baked Fries Roasted Cauliflower | 9 Chicken Cesar Salad Or Bologna Sandwich Baked Garlic Bread Stick Croutons | 10 SUPER BOWL Assorted Hoagie Or PB&J Sandwich Chicken Finger w/ Ranch Baked Potato Chips Fresh Veggies |
| 13 French Toast Sticks Or Salami Sandwich Breakfast Sausage Fruit Topping Syrup | 14 Hamburger/Cheeseburger Or Turkey Sandwich Homemade Mac & Cheese Steamed Broccoli | 15 Taco in a Bag Or Ham Sandwich Spanish Rice Steamed Corn | 16 Pulled Pork on Bun Or Egg Salad Sandwich Homemade Mac Salad Cole Slaw Baked Beans | 17 Chicken Nuggets Or PB&J Sandwich Baked Seasoned Potatoes Buttered Dinner Roll Sautéed Veggies |
| 20 NO SCHOOL | 21 NO SCHOOL | 22 NO SCHOOL | 23 NO SCHOOL | 24 NO SCHOOL |
| 27 Grilled Cheese Or PB&J Sandwich Tomato Soup w/ Crackers Steamed Green Beans | 28 Hot Dog on Bun Or Turkey Sandwich Homemade Mac & Cheese Steamed Broccoli | | Lunch K-5 \$2.10 Gr.6-12 \$2.30 <u>Extra Lunch is an Additional:</u> K-5 \$2.75, Gr. 6-12 \$3.00 Milk - \$.60 | COTTAGE CHEESE FRUIT PLATES WILL BE AVAILABLE |

Offered Daily with Lunch

- ✓ Fresh Fruit or Prepared Fruit
- ✓ NYS Milk: Non- or Low-Fat White or Chocolate Milk
- ✓ Students must take at least ½ cup fruits or vegetables (and may take 1 cup)



Make half your plate fruits & veggies!



We use NY grown & raised foods whenever possible. Look for "NY" to find these items on the menu.



Our milk & yogurt products are produced in New York State.

Menu subject to change. Notice will be given if possible. All lunches served with choice of vegetable, fruit, and 1% milk or 1% chocolate milk. PB&J sandwiches offered daily.

Free/Reduced lunch applications can be filled out any time of the year. For more details, contact Vicky Williams @ 699-2316 Ext. 1403. Ellicottville Central School is an Equal Opportunity provider and employer.